

See sheet 2 for footnotes, and sheet 3 for overall pharmacy approach  
Outline numbers are from WHO 2003 Essential Drugs List

## 1. ANAESTHETICS

### 1.2 Local Anesthetics

Lidocaine 1%

Lidocaine 1% with epi 1:200,000

### 1.3 Preoperative medication and sedation for short term procedures

Diazepam 2 ml amps 5mg/ml

Diazepam 5 mg tabs

Morphine injection 10 mg/amp

Promethazine syrup 5mg/5 ml, tabs, and injectable

## 2. ANALGESICS, ANTIPYRETICS, NSAIDS

### 2.1 Non-opioids and non-steroidal anti-inflammatory medicines (NSAIDs)

acetylsalicylic acid 500mg tabs

acetylsalicylic acid 81 or 100 mg tabs

ibuprofen 400 mg tabs

ibuprofen 200 mg tabs

paracetamol (acetaminophen) 500 mg tabs

paracetamol syrup, 125 mg/ml, bottles of approx 120 cc

Promethazine syrup 5mg/5 ml, tabs, and injectable

### 2.2 Opioid analgesics

codeine phosphate 30 mg tabs

Morphine injection 10 mg/amp

### 2.3 Medicines used to treat gout

colchine 500 ug tabs

## 3. ANTIALLERGICS AND MEDICINES USED IN ANAPHYLAXIS

chlorphenamine (chlorpheniramine) hydrogen maleate 4 mg tabs

diphenhydramine 25 mg tabs

diphenhydramine injectable small bottles 25 mg/ml

dexamethasone phosphate disodium salt 4 mg in 1 ml amps

epinephrine (adrenaline) HCL 1 mg in 1 ml amp

prednisone or prednisolone 5 mg tabs

steroid nose sprays samples only

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samples only

## 4. ANTIDOTES/POISONING (NONE CURRENTLY)

## 5. ANTICONVULSANTS/ANTIEPILEPTICS

carbamazepine 100 mg tabs

diazepam 5mg/ml, 5 mg tabs

magnesium sulfate 500mg/ml in 2 ml amps

phenobarbital 100 mg tabs

phenytoin sodium 100 mg tabs

valproic acid enteric coated 200 mg

## 6. ANTI-INFECTIVE MEDICINES

### 6.1 Anthelmintics

albendazole 400 mg chewable tabs

mebendazole 100 mg chewable tabs

piperazine liquid

praziquantel 150 mg tabs

### 6.2 Antibacterials

#### 6.2.1 Beta Lactam medicines

amoxicillin 500 mg tabs  
amoxicillin oral suspension 125 mg/5 ml to make about 120 ml  
amoxicillin + clavulanic acid 500 mg  
amoxicillin + clavulanic acid suspension to make about 120 ml  
benzathine benzylpenicillin injectable 2.4 million IU in 5 ml  
cloxacillin sodium salt 500 mg caps  
cloxacillin sodium salt 125/5 ml 120 ml bottles  
cloxacillin powder for injection, 500 mg (as sodium salt) in vial  
ceftriaxone 250 mg powder/vial  
ceftriaxone 1 g powder/vial  
cephalexin 500 mg  
cephalexin 125/5ml to make 120 cc bottle

### **6.2.2 Other antibacterials**

erythromycin as sterate or ESS 250 mg tabs  
erythromycin as sterate or ESS 125 mg/5 ml to make 120 ml  
ciprofloxacin 250 mg tabs  
other quinolones as available as samples  
doxycycline 100 mg tabs  
metronidazole 200 or 250 mg tabs  
metronidazole 500 mg tabs  
metronidazole benzoate 200 mg/5 ml, 120 ml bottle  
nitrofurantoin 100 mg tabs  
sulfamethoxazole + trimethoprim 400 mg + 80 mg  
sulfameth + trimeth suspension 200mg + 40 mg/5 ml, 120 ml bot

### **6.3 Antifungal medicines**

griseofulvin 125 mg tabs  
nystatin lozenge

### **6.4 Antiviral medicines**

#### **6.4.1 Antiherpes medicines**

aciclovir 200 mg tabs

### **6.5 Antiprotozoal medicines**

#### **6.5.1 Antiamoebic and anti giardiasis medicines**

metronidazole 250 mg, 500 mg, and 200 mg/5 ml

#### **6.5.3 Antimalarial medicines**

##### **6.5.3.1 For curative treatment**

chloroquine 100 mg  
doxycycline 100 mg tabs

## **7. ANTIMIGRAINE MEDICINES**

### **7.1 For treatment of acute attack**

tryptans as samples are available  
acetylsalicylic acid 81mg, 500 mg  
paracetamol 500 mg tabs, 125 mg/5 ml

### **7.2 For prophylaxis**

propranolol 40 mg  
amitriptyline 25 mg  
prozac 10 mg

## **8. ANTINEOPLASTIC, AND PALLIATIVE CARE (NONE CURRENTLY)**

## **9. ANTIPARKINSONISM MEDICINES (NONE CURRENTLY)**

## **10. MEDICINES AFFECTING THE BLOOD**

### **10.1 Antianaemia medicines**

Ferrous salt equiv to 60 mg iron  
Ferrous salt equivalent to 25 mg iron (as sulfate) per ml  
Prenatal vitamins  
Hydroxocobalamin 1 mg/ml

**10.2 Medicines affecting coagulation**

acetylsalicylic acid 81 mg only

**11. BLOOD PRODUCTS/PLASMA SUBS (NONE CURRENTLY)**

**12. CARDIOVASCULAR MEDICINES**

**12.1 Antianginal medicines**

inderal 40 mg  
atenolol 50 mg tabs  
glyceryl trinitrate subling (clinic use only due to instability) 0.5 mg  
isosorbide dinitrate 5 mg tabs  
verapamil 80 mg tabs

**12.2 Antiarrhythmic medicines**

inderal 40 mg tabs  
atenolol 50 mg tabs  
verapamil 80 mg tabs  
digoxin 0.25 mg

**12.3 Antihypertensive medicines**

inderal 40 mg tabs  
verapamil 80 mg tabs  
atenolol 50 mg tabs  
enalapril or lisinopril (preferred) or captopril starting dose  
hydralazine 25 mg  
hydralazine for injection 20 mg/amp  
hydrochlorothiazide 12.5 mg tabs (or 25 mg if cheaper)  
spironolactone 25 mg tab for potassium sparing effect  
methyldopa 250 mg tablet

**12.4 Medicines used in heart failure**

digoxin 0.25 mg  
enalapril or lisinopril (preferred) or captopril starting dose  
hydrochlorothiazide 12.5 mg tabs (or 25 mg if cheaper)  
furosemide 20 mg tabs  
furosemide 40 mg/ml amps for injection

**12.5 Antithrombotic medicines**

acetylsalicylic acid 81 or 100 mg

**12.6 Lipid-lowering agents**

Statins, all brands as samples are available

**13. DERMATOLOGICAL MEDICINES (topical)**

**13.1 Antifungal medicines**

miconazole or chlortimazole

**13.2 Anti-infective medicines**

triple antibiotic ie, neomycin + bacitracin, etc. ointment  
silver sulfadiazine 1%

**13.3 Anti-inflammatory and antipruritic medicines**

betamethasone 0.1% valerate ointment  
hydrocortisone 1% cream  
calamine lotion

**13.5 Medicines affecting skin differentiation and proliferation**

benzoyl peroxide lotion 5%  
podophyllum resin 10-25%  
salicylic acid 5%  
urea 10% cream

### **13.6 Scabicides and pediculicides**

benzyl benzoate 25%  
permethrin 1 % lotion for babies less than 2 years

## **14. DIAGNOSTIC AGENTS**

### **14.1 Ophthalmic medicines**

Fluorescein 1% or strips  
tropicamide 0.5%

### **Diagnostic materials for office**

dextro strips (currently accucheck comfort curve test strips cat # 2030381)  
pregnancy tests  
dip U/A strips

## **15. DISINFECTANTS AND ANTISEPTICS**

chlorhexidine 5%  
isopropyl alcohol  
isopropyl alcohol pads  
polyvidone iodine 10% solution

## **16. DIURETICS**

furosemide 20 mg tabs, and 40 mg/ml injection  
hydrochlorothiazide 12.5 mg tabs (or 25 mg if cheaper)  
spironolactone 25 mg tab

## **17. GASTROINTESTINAL MEDICINES**

### **17.1 Antacids and other antiulcer medicines**

ranitidine HCL 150 mg tabs  
calcium carbonate +/- other, chewable antacid tabs or equivalent

### **17.2 Antiemetic medicines**

promethazine HCL 25 mg tabs  
promethazine syrup 5 mg/5 ml, small bottles vs stock bottle  
promethazine 25mg/ml 2 ml vials for injection

### **17.3 Antihemorrhoidal medicines**

hydrocortisone 1% cream

### **17.5 Antispasmodic medicines**

immodium 2 mg

### **17.6 Laxatives**

MOM tabs

### **17.7 Medicines used in diarrhoea**

#### **17.7.1 Oral rehydration**

Oral rehydration powder

#### **17.7.2 Antidiarrhoeal (symptomatic) medicines**

immodium 2 mg

## **18. HORMONES AND CONTRACEPTIVES**

### **18.3 Contraceptives**

Contraceptives from Honduran health department clinic inc. depoprovera

### **18.4 Estrogens**

ethinylestradiol 50 micrograms

### **18.5 Insulins and other antidiabetic agents**

glibenclamide 2.5 (or glyburide 1.25mg)  
glibenclamide 5.0 (or glyburide 3.0 mg)  
humulin R U-100 for use only in clinic  
metformin HCL 500

### **18.7 Progestogens**

medroxyprogesterone acetate 5 mg

### **18.8 Thyroid hormones and antithyroid medicines**

Levothyroxine not available at this time; TSH not being checked

## **19. IMMUNOLOGICALS**

### **19.3 Vaccines (mostly Honduran gov't covers; esp kids)**

tetanus vaccine (for acute adult trauma)

## **20. MUSCLE RELAX AND CHOI-EST INHIB(CURRENTLY NONE)**

## **21. OPHTHALMOLOGICAL PREPARATIONS**

### **21.1 Anti-infective agents**

sulfacetamide drops 10 or 15 %

gentamycin ophthalmic ointment

silver nitrate 1% eye solution

lubricant eye drops

## **22. OXYTOCICS AND ANTIOXYTOCICS**

### **22.1 Oxytocics**

ergotamine hydrogen maleate 200 micrograms in 1 ml amp

oxytocin 10 IU in 1 ml amp

cytotec tabs possibly available

### **22.2 Antioxytocics**

salbutamol sulfate 50 micrograms/ml amps

## **23. PERITONEAL DIALYSIS SOLUTION (CURRENTLY NONE)**

## **24. PSYCHOTHERAPEUTIC MEDICINES**

### **24.1 Medicines used in psychotic disorders**

fluphenazine decanoate or enantate 25 mg/ml in amp

haloperidol 5 mg tabs

### **24.2 Medicines used in mood disorders**

#### **24.2.1 Medicines used in depressive disorders**

amitriptyline 25 mg tabs

fluoxetine 10 mg

#### **24.2.2 Medicines used in bipolar disorders**

carbamazepine 100 mg

valproic acid 200 mg

### **24.3 Medicines used in generalized anxiety and sleep disorders**

diazepam 5 mg

## **25. MEDICINES ACTING ON THE RESPIRATORY TRACT**

beclomethasone inhaler, 50 micrograms/dose

epinephrine HCL injection 1 mg/1 ml amp

ipratropium bromide redimix for nebs

salbutamol or albuterol sulfates (whichever is cheaper) 4 mg tabs

salbutamol or albuterol sulfates (whichever is cheaper) MDIs

salbutamol or albuterol sulfates (whichever is cheaper) syrup 2 mg/5 ml

salbutamol or albuterol sulfates (whichever is cheaper) redimix for nebs

dextromethorphan syrup antitussive

any cheap antihistamine/decongestant syrup

any cheap (preferably 12 hr) antihistamine/decongestant

## **26. SOLUTIONS FOR WATER, ELECTROLYTE DISTURBANCES**

Oral rehydration powder

D5 NS, Glucose, Hartman/s/Ringers Lactate, Water for injection

## **27. VITAMINS AND MINERALS**

Multivitamins for adults, 300 tabs/bottle (brigades to supplement)

Multivitamins for children, 300 tabs/bottle (brigades to supplement)

Thiamine 100 mg/ml, 10 ml bottle

Prenatal vitamins

## **28. Hygenics (Not on WHO list)**

hand soap

tooth brushes

tooth paste