



# Shoulder to Shoulder

*Hombro a Hombro*

Empowering Young Women in Rural Honduras

## How Girls Learn “¡Yo Puedo!”

“¡Yo Puedo!” means “I Can!” in Spanish. It’s an important phrase.

Young girls in rural Honduras may not always think they can achieve their own dreams. Six of every ten children in these communities leave school by sixth grade. And 15 is the average age at which Honduran women bear their first child.



Through ¡Yo Puedo!, Shoulder to Shoulder holds trainings for fifth- and sixth-grade teachers. The teachers then lead self-esteem workshops for their girl students, who learn to design and launch microenterprise projects. These girls quickly discover that they can!

## You Are the Key to Their Success.

### Teachers involved with ¡Yo Puedo! say:

*“All the girls are more outgoing and spontaneous in the classroom and in their social interactions outside the classroom since the start of the program. All the girls are less shy now than they were prior to the project. They have shown increased interest in their classes, especially math.”*

### Students in ¡Yo Puedo! say:

*¡Yo Puedo! made them more collaborative and showed “they had more capabilities than they thought.” With the experience they gained in making and selling piñatas, one entrepreneurial pair said, “We are starting to decide which kinds of piñatas sell the best — the bigger ones, the prettier ones.”*

**¡Yo Puedo! girls need seed funding for their microenterprise projects. The ¡Yo Puedo! program needs curriculum and training support.**

Please help us continue empowering ¡Yo Puedo! girls in the new fiscal year.

We need tax-deductible contributions totaling \$10,000 to fund this program in 13 current schools through December 2012 — and expand to more in 2013.

## ¡Yo Puedo! by the numbers:

120 girls in 2010  
221 girls in 2011

Budget for next  
fiscal year: \$10,000



**Designate ¡Yo Puedo! in an online contribution or check memo line: [www.shouldertoshoulder.org](http://www.shouldertoshoulder.org) or Shoulder to Shoulder, c/o Pohlman & Tahlmage, CPAs, 3445 S. Dixie Dr., #200, Dayton, Ohio 45439.**